**RESTORING A WEARY SOUL**

*“He restores my soul” (Psalm 23:3).*

**ENERGY-DRAINERS ENERGY-BOOSTERS**

(Expense) (Income)

|  |  |
| --- | --- |
| **ACTIVITIES** |  |
| **PEOPLE** |  |

**Ministering out of my gift**

**“**Each of you should use whatever gift you have received to serve others” (1 Peter 4:10 NIV).

**Healthy boundaries: What load is mine to carry?**

“Carry each other’s burdens” (Gal. 6:2 NIV). “Each one should carry their own load” (Gal. 6:5 NIV).

***God, grant me the serenity to accept the people I cannot change,***

***The courage to change the one I can,***

***And the wisdom to know it’s me.***